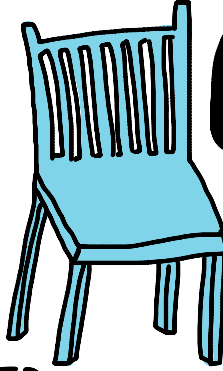
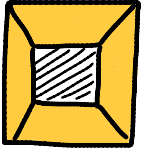
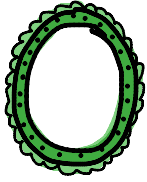
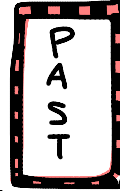


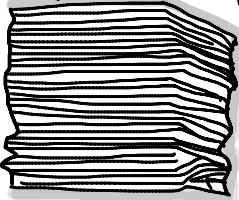
DANI DIPIRRO: Positively Present



find a place for EVERYTHING.



let it go.



DECLUTTER
causes stress
takes up space

**LIVE
HERE**

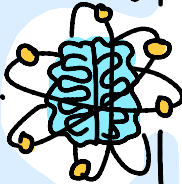


I had a quarter life crisis.
Tendency to default to the negative.



1. Be OPEN to the IDEA OF POSITIVE THINKING.
It's not naïve, unintelligent thinking.

2. Be AWARE of YOUR THOUGHTS.
Good and bad.



3. FOCUS ON GRATITUDE.

Don't take it personally.
Speak in a loving way.
TONE OF VOICE, SASS.

Be aware of your stressors.

What can you do to MINIMIZE or GET AWAY FROM IT?