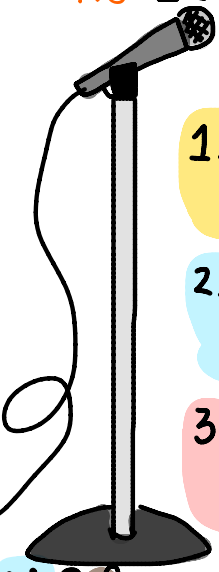


# #wakeup happy HAPPINESS HALL of FAME

With Mike Duffy



YOUR SETBACKS ARE JUST SETTING YOU UP FOR YOUR COMEBACK.

GO PATRIOTS!

1. Choose to be HAPPY

2. Avoid negative nancies

3. Make friends @ work.

$$A = \frac{y}{z} + \frac{y}{x} + \left( \frac{y}{x} \right) \frac{dy}{dx} \quad \frac{1}{2} \sqrt{y \ln x}^3 \quad \frac{1}{y} y$$

$$z = \frac{7}{108} \quad 75^\circ < \left( \frac{677}{7} \right) + \left( \frac{1}{R} + \frac{1}{12} \right) \frac{22}{205} \left\{ \frac{4}{87} \right\}$$

**Purpose + Progress = Happiness**

$$b = f + \left( \frac{n-1}{r} \right) = f \left( \frac{\max}{x-y} \right) = \sqrt{22} + \frac{\pi}{y \text{ axis}} = 0.41$$



HEY DAD!

BEEPI!

HONK!

ARGH!

KINDNESS, LOVE AND PATIENCE

livehappy.com

Sketchnote by Minh Ngo