

ROUND THE CLOCK HAPPINESS

24-Hour Happiness Live Stream Speaker Program Guide

We are so excited to have you join us on the world's first-ever 24-Hour Happiness Live Stream! Here you will find the comprehensive schedule with all the experts/speakers, their topic of discussion, and the time they will be speaking.

Thursday, March 19th

- 8:05 PM EST - Barbara Fredrickson – Positive Organizing & Human Flourishing
- 8:45 PM EST - Dr. Fab Mancini – The Power of Self-Healing
- 9:30 PM EST – Ricky Powell – Lifelong Happiness
- 9:50 PM EST – Shawn Achor – The Happiness Advantage
- 10:50 PM EST – Senia Maymin – Profit from the Positive
- 11:30 PM EST - Sandy Pedeflous – Smile TV

Friday, March 20th

- 12:00 PM EST – Jenn Lim – Delivering Happiness
- 12:35 AM EST – Dr. Fred Luskin – Forgiveness Projects
- 1:10 AM EST – Jeff Olson Speech at the United Nations
- 1:25 AM EST – Roko Belic – The Happy Movie
- 2:00 AM EST – Ken Kragen – The Power of Enthusiasm and Optimism
- 2:50 AM EST – Nicholas Kraft & Adam Shell – Pursuing Happiness
- 3:25 AM EST – Dr. Fab Mancini – The Power of Self-Healing

Join us for as
much or as little
as you want –
we will be going
all day!

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Friday, March 20th continued

- 4:20 AM EST – Emiliana-Simon Thomas – Greater Good Science Center
- 5:00 AM EST – John Havens – Hacking Happiness
- 5:50 AM EST – Darrin McMahon – The History of Happiness
- 6:15 AM EST – Shani Robins – Wisdom Therapy
- 6:55 AM EST – Dr. Jay Kumar – The Happy Enterprise
- 8:00 AM EST – Louisa Jewell – Flourishing with Confidence
- 8:50 AM EST – Kristin Neff – Mindful Self-Compassion
- 9:30 AM EST – Barbara Fredrickson – Positive Organizing and Human Flourishing
- 10:15 AM EST – Shannon Polly – Positive Business
- 11:00 AM EST – Bryan Engram – Positive Corporate Culture
- 11:35 AM EST – David Mezzapelle – Contagious Optimism
- 12:10 PM EST – Sandra Yancey – Positive Networking
- 12:30 PM EST – Dr. Michelle Robin – The Wellness Connection
- 1:00 PM EST – Stacy Kaiser – Secret Skills to Happiness
- 1:30 PM EST – Margaret Greenberg – Profit from the Positive
- 2:10 PM EST- John Havens – Hacking Happiness
- 2:30 PM EST – Emiliana Simon-Thomas – The Greater Good Science Center
- 3:15 PM EST – Sherry Lee White – Get S.A.S.S.Y with Happy
- 3:40 PM EST – Michelle Gielan – Positive Communication

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Friday, March 20th continued

- 4:25 PM EST – Shawn Achor – The Happiness Advantage
- 5:25 PM EST – Michelle McQuaid – Well-Being in the Workplace
- 6:25 PM EST – Connie Podesta – The Power of Relationships and Communication
- 7:05 PM EST – Ken Kragen – The Power of Enthusiasm and Optimism
- 7:35 PM EST – Jeff Olson – United Nations Speech 2014
- 7:55 PM EST – Final Words from the Hosts

“Happiness is the one thing everyone truly wants out of life. It can’t be bought, but it can be taught. And that’s exactly what we’re doing with this 24-Hour Happiness Live Stream. Learn how small changes can make a huge difference in how you experience life – improving your mood, your productivity, your health, your relationships and more.”

Kym Yancey, Co-Founder and CEO of Live Happy

